Developing the Emotional Life of Struggling Readers 2010 National Reading Recovery & K-6 Classroom Literacy Conference February 8, 2010 8:30 – 10:00

Carol A. Lyons

- 1. Emotion what is it?
- 2. Role of emotional in learning and memory
- 3. Five core emotional abilities struggling learners need to learn:
- a) To motivate themselves
- b) To control attention
- c) To inhibit inappropriate behavior and calm themselves down
- d) To develop secure attachments
- e) To develop emotional self regulation
- 4. Implications for teachers
- Make it easy for children to learn by determining what they can do easily and building on these strengths.
- In designing learning activities, make sure that children have a reasonable chance for success either from their own attempts or with support from an adult.
- Remind children of what they know and provide emotional support, encouragement, and positive feedback for their imperfect attempts and partially right responses.
- Remain calm and strive to understand what children's words and actions are revealing.

## Reference

Lyons, C.A. (2003) Teaching struggling readers: How to use brain based research to maximize learning. Portsmouth, NH: Heinemann.